



COVID-19 SYMPTOMS

The following symptoms may appear 2-14 days after exposure:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If you have any of these symptoms, stay home!

Stay home until symptom free for 24 hours without medication. Any individual who tests positive for COVID-19 or is required to quarantine due to a close contact must provide written clearance from the Health Department in order to return to school or work.

Questions?

If symptoms are not new and you are unsure if you need to be out sick, contact your health professional for guidance.



Visit FHSD's COVID-19 web page for additional information:
www.fhdschools.org/covid-19