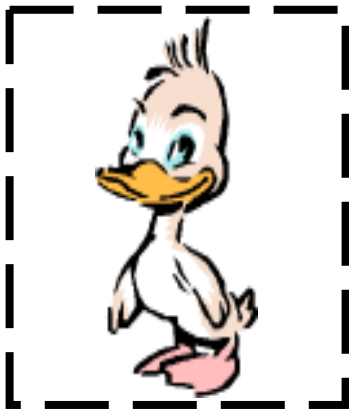


Francis Howell School District

Parents As Teachers Handbook

2019-2020



**Early Childhood Family
Education Center**
2555 Hackmann Road
St. Charles, MO 63303
Phone: 636-851-6200
Fax: 636-851-6202

**Early Childhood Family
Education Center**
4535 Central School Road
St. Charles, MO 63304
Phone: 636-851-6400
Fax: 636-851-4106

**Early Childhood Family
Education Center**
4810 Meadows Parkway
St. Charles, MO 63304
Phone: 636-851-6000
Fax: 636-851-6198

Parent Education Service Agreement

Parents as Teachers is a free and voluntary program designed to support families with children in the prenatal to Kindergarten entry age group. As employees of the school district, our Parent Educators strive to assure your participation in the Parents as Teachers program is beneficial to you and meets your needs as a family.

What can you expect from your Parent Educator?

- Confidentiality of child and family information
- Personal visits that focus on the individual development of your child
- Research based information on the current development of your child
- Group connections designed to interact with professionals and other families in our school district
- Developmental, health, vision, and hearing screenings completed yearly
- Connections to outside and/or internal resources provided to support your child and family, when needed
- Serve as a resource for parenting
- Provide information about services and programs offered by the district

What does your Parent Educator need to ensure the most beneficial Parents as Teachers experience?

- Know that the Parent Educator is there to lend support to your role as a parent
- At least one parent or guardian is required to participate in the home visit (The family may invite additional caregivers to join the home visit as desired)
- Be considerate of the Parent Educator's schedule-If a scheduling conflict arises, contact the parent educator as soon as possible to reschedule*
- Provide a place for the home visit where you and your child are comfortable and limit distractions such as electronics or television
- Be open to sharing ideas with your Parent Educator to make the program more effective for your family

*We ask that you are respectful of your Parent Educator's schedule. While we understand that family schedules change unexpectedly, last minute cancellations and forgotten appointments can be challenging for your parent educator's schedule. Our parent educators are compensated for completed visits to families. If there are multiple cancellations and missed appointments, it can be difficult to reschedule within the desired timeframes. Please make every effort to keep your scheduled appointment or notify your parent educator in advance if you need to reschedule. We appreciate your understanding.

Parent Educator Name: _____ Contact: _____



Parents As Teachers

Welcome to a new program year! It is always exciting to meet with you and hear about the growth and development of your child. We look forward to visiting you in your home and providing group connections for your family at our Centers and at other locations throughout the community. Many articles in educational journals point out the importance of a partnership between school and community when enabling children to experience lasting success. We are very fortunate in our school district to begin this partnership early in the child's life. The partnerships that we have formed, based on a respect for each other's value, help each child to be successful in school.

Parents as Teachers offers four main components:

- ◆ **Family Visits:** These are opportunities to discuss child development and parenting issues that come up at various ages. Parent Educators will help you know what to expect as your child grows. When you know what to expect, you can observe your child's accomplishments and appreciate each as a significant step in development. The Parent Educator will provide you with developmental information and activity ideas appropriate for your child's development.
- ◆ **Group Connections:** A variety of meetings have been planned to give parents an opportunity to share experiences and gain new insights from other parents.
- ◆ **Developmental and Health Screenings:** Your child may be screened in the areas of developmental skills, basic vision and hearing, and speech development. These screenings will give you insights into your child's development (according to standardized measures). Screenings help parents identify areas of concern early. This allows the parent to provide activities to build skills in a weak area or seek professional help if necessary. Screenings are completed in the home for children age 3 months until their 3rd birthday. Screenings are completed at our Early Childhood Family Education Centers from 3 years to Kindergarten entry.
- ◆ **Referral Networking:** As needed, referrals to community resources are provided to further support your child's growth and development.



The Francis Howell Early Childhood Program Guiding Principles

Parents are vital to the education of their children.

Every effort will be made to offer all children age pre-natal to Kindergarten entry and their families a full continuum of early childhood services that are appropriate for their child.

The early childhood program will form partnerships with other community agencies and services available for children pre-natal to Kindergarten entry.

A long lasting partnership will be formed between parents and the school district as each focuses on the education of the child.

Early Childhood Family Education Centers

The Francis Howell Early Childhood programs are based in centers strategically placed throughout the district to serve children and families close to their homes. This gives children and parents an opportunity to meet other families in their elementary attendance area.

Central School Road Center

4535 Central School Road
St. Charles, MO 63304
Phone: 636-851-6400 Fax 636-851-4106

Hackmann Road Center

2555 Hackmann Road
St. Charles, MO 63303
Phone: 636-851-6200 Fax 636-851-6202

Meadows Parkway Center

4810 Meadows Parkway
St. Charles, MO 63304
Phone: 636-851-6000 Fax 636-851-6198

Vision Statement:

The Francis Howell Early Childhood Family Education Center will be a leader in parent education and child development.

Mission Statement:

The Francis Howell Early Childhood Family Education Center programs strengthen the family unit by providing support and interaction through meaningful parent/child involvement.

Francis Howell Early Childhood

During the past three decades, educators have increasingly turned their attention to research and practices that affect young children. This has been the same for the Francis Howell School District. Many programs have been developed that address the significant learning that takes place in these important early years.

Francis Howell Preschool Programming

Francis Howell offers several preschool programs designed to meet our families' needs. Our preschool program follows the calendar of our district's elementary schools. All teachers in our preschool program have certification in early childhood and/or early childhood special education. Parents are welcome to tour our classrooms by appointment. The best times are between 9:00 and 11:00 AM or 1:00 and 3:00 PM. Classes are held at all three of our Early Childhood Family Education Centers.

4535 Central School Road	636-851-6400
4810 Meadows Parkway	636-851-6000
2255 Hackmann Road	636-851-6200

Francis Howell provides both Half Day and Full Day preschool programs to meet the needs of our families. Half Day Preschool class times are 8:40-11:43 AM or 12:43- 3:45 PM. Full Day Preschool is provided 6:30 AM- 6:00 PM. The Francis Howell Preschool is guided by the Missouri State Standards for pre-kindergarten education, in conjunction with research on best practices on a child's ability to learn. The Francis Howell Preschool highlights a child's growth in the following learning domains: Personal and Social Development, Language and Literacy, Mathematical Thinking, Scientific Thinking, Social Studies, The Arts, Physical Development and Health. The Francis Howell Preschool curriculum, aligned with that of the elementary level, actively engages children and provides the opportunity to interact, experiment and explore.

For current tuition information, call any of our Early Childhood Family Education sites.

Limited opportunities for State Aid preschool are available. Families must meet income guidelines to participate.

For more information call any of our Early Childhood Family Education Centers.

2020-2021 School Year Preschool Enrollment		
Classes for children starting at age 2 Years, 6 Months		
Online registration must be completed prior to enrollment night on January 28, 2020. In the instance the district office is closed due to inclement weather, the make-up date will be January 29, 2020. Please check our websites in January for detailed enrollment procedures.		
New Families	Enrollment Option #1	Enrollment Option #2
Date	Tuesday, January 28, 2020 Inclement weather make-up date Wednesday, January 29, 2020.	Beginning the morning after initial enrollment event.
Time	6:00-7:30pm Please note: Line numbers will be provided beginning at 5:00 PM.	9:00am - 3:00pm Call to set up an appointment.
Location	Francis Howell Administration Building - Board Room 4545 Central School Road 63304	Preschool Site of Choice
Returning Families	Enrollment Option	
Date	January 21-January 27, 2020 Enrollment information will be sent home with students	
Time	Completed enrollment and fees must be submitted to the preschool main office by 4pm on Monday, January 27, 2020	
Location	Current Preschool Site of Choice	
All Families	Please note: Enrollment is not confirmed and students will not be assigned to a preschool class until the activity/supply fee is paid in full to the preschool site by check or cash.	

3-5 Year Old Developmental Screening

A free developmental screening is offered to children age three to Kindergarten entry. This screening examines four areas of development: motor, concepts, language and social. Children will also have an opportunity to be screened in vision and hearing. The entire process, screening and parent conference, takes approximately 1 to 1 ½ hours. The Francis Howell School District recommends all children be screened yearly prior to Kindergarten entry.

Helpful Information about Screening

Our developmental screeners have received special training on screening three to five year olds. Information will be shared with you at the time of the screening to help the parent have an understanding of ways to encourage the child's development.

If screening results indicate that additional supports are needed in an area of development, the screener will provide you with activity suggestions and/or referral options from which you can choose. The school district provides special education for children three to five years of age who have significant developmental delays at no cost to the parents.

If a child has difficulty separating from the parent, parents may decide whether they wish to observe the screening. Since it would not be a good screening environment for additional children to be in the screening room, parents who bring other children will not be able to join their child.

Tips to make the screening as positive as possible for your child:

- (a) Arrive 10 minutes before the appointment to acquaint your child with the screening setting.
- (b) Have your child well rested.
- (c) Have your child wear tennis shoes or rubber-soled shoes.

Scheduling a Screening

Scheduling in the fall will avoid the spring rush. Screenings can be scheduled Monday through Friday during office hours. Limited evening screenings are also available. To make an appointment to have your child screened, please call one of the Early Childhood Family Education Centers:

Hackmann Road 636-851-6200

Meadows Parkway 636-851-6000

Parent Involvement

One of the most important determinants of a child's success in school is whether that child's parents are involved in his or her education. The Parents As Teachers Program believes that a partnership between home and school is a crucial aspect of a successful Early Childhood Program. This partnership begins with enrollment in the Parents As Teachers Program.

Francis Howell School District has many opportunities for families to become involved in programs that are offered in connection with Parents As Teachers or Francis Howell Preschool.

Parents as Teachers Community Advisory Committee

The Parents as Teachers Community Advisory Committee is a district-wide committee. The goal of this committee is to support and promote Francis Howell Parents as Teachers services. In addition, this group will assist with the planning and evaluation of our services to families. This Committee will meet a minimum of two times per school year once in the fall and once in the spring. The work of the committee will determine if additional meetings will need to be scheduled.

Early Childhood Family Education Center Parent Involvement Committee

All Early Childhood Family Education Centers have a building level committee that meets regularly to set goals to assist in creating a Family Education Center that has a positive influence on everyone that uses its facilities. This committee also develops strategies (that align with the School Improvement Plan) to increase parent involvement in children's education and to create partnerships between home, school, and the community. Team members represent parents, staff, community members and building administrators. To be a part of the committee at your building, contact the building principal.

Parents Actively Lending Support (PALS)

PALS is a parent led group whose mission is to provide social opportunities for families with young children that support the Early Childhood Education programs of Francis Howell. PALS offers several social events throughout the year including Halloween Spooktacular, Bunny Brunch, and end of the year Pee Wee Bop. PALS also hosts many parent-child activities for our district PAT programming. A variety of opportunities for same-age children to connect through themed playtimes, weekly playgroups, and fun filled family outings are planned and hosted by PALS. They also work to secure discounted group rates on tickets to a variety of popular family shows and events. PALS is a great way to meet other moms and dads while supporting your child along their early childhood paths! There are several ways to be involved, and we encourage every family within the Francis Howell Early Childhood Education Program to contact PALS for more information: Francis Howell PALS (Facebook) or fhpalspresident@gmail.com

eNews

eNews is a communication system to support the demands of the parents and the school for more ease of communication. Activities, meetings and special announcements can be found weekly on eNews. To subscribe, go to the FHSD website at <http://www.fhdschools.org>. Click on the link located on the website home page titled "NEWS." Then click on "eNews Subscription". On the next screen, you will enter your email address and select your school(s).

Francis Howell School District Parents of Children Who Receive Special Education Services

You are invited to join the Parent Advisory Council to discuss special education programs and services available in the Francis Howell School District. The Council is a volunteer group of parents, teachers, administrators, students and community members who are committed to collaborating with district personnel to ensure high quality programs and services for our children with special needs.

For further details, contact the Department of Alternative Learning at (636)851-4060.

Monthly information available on the Francis Howell School District website:

<http://www.fhdschools.org>



Group Connections

Francis Howell provides a variety of group connections for families to enjoy. These meetings are designed to give parents opportunities to share experiences and gain new insights from other parents. Some of the meetings discuss topics of development pertinent to children; others are parent-child activity meetings for you to enjoy play with your child.

We are proud to collaborate with Parents Actively Lending Support (PALS). Some of our group connections are developed and presented by Parent Educators while others are planned and hosted by PALS volunteers. This collaboration allows Francis Howell to provide a wide variety of meetings for our families.

All Francis Howell families and families attending our preschool program are welcome to attend any of the meetings listed in this handbook.

Child Development Topical Discussions

These connections have been developed to provide more information on specific topics. There will be a presentation on the topic by a Parent Educator or a professional with a special background in that area. It is an opportunity to meet with other parents and discuss a topic.

Developmental Series

These connections are designed to focus on specific age groups and the current level of development of your child. The meetings include Developmental Play Hours and Top Two discussions. The Developmental Play hours provide the opportunity to interact with families and children in a similar age group while participating in activities designed to encourage your child's growth and development. Top Two discussions give families the opportunity to participate in an informal discussion lead by a Parent Educator on topics of interest in your child's age group.

Parent/Child Activities

Parent/child activity meetings give you and your child an opportunity to engage in a variety of developmental activities which will encourage your child's growth and development. Parents will have the opportunity to network with other families in our early childhood programming. **Our group connections are provided at no cost with a few exceptions. Special events and outings with associated fees will have pricing noted.**

Meeting Registration

Registration for group connections is necessary to adequately plan for space and materials for meetings.

Registration is completed on-line at <https://tinyurl.com/FHSD-PAT-Connections>. You will receive a confirmation e-mail after registration. Use the event edit link provided to register for more events or to cancel an event you can no longer attend.


Please note: Our parent organization, PALS, plans and hosts a variety of events for our Early Childhood families. A listing of adult participant's names and number of children attending will be provided to PALS for planning purposes. When you provide your personal information at a PALS event, you are giving them permission to contact you for feedback and to share PALS related emails. Your information will not be used for any purpose outside of PALS activities.


School Closings



If the Francis Howell School District is closed because of severe weather, our meetings or activities will be canceled as well. **You can listen for these closings on KMOX radio or watch local TV stations for listings. School closings can also be found on the District web page at www.fhdschools.org.**



2019-2020
Calendar of Activities and Events

<p>Friday, August 16, 2019 Developmental Play Hour</p> <p>Birth-18 months Parent Child Activity</p>	<p>9:30-10:30 AM</p> <p>Central School Road</p>	<p>Come play with us! Join us for an hour of developmental play lead by parent educators. This event provides the opportunity to interact with families and children in a similar age group while participating in activities designed to encourage your child's growth and development.</p> <p>Parent Educators: Martie Noelker and Abbie Velders</p>
<p>Wednesday, August 28, 2019 PALS Picnic at the Park</p> <p>Birth-Kindergarten Entry Parent Child Activity</p> <p style="text-align: center;">New Friends!</p>	<p>5:30 PM</p> <p>Pizza in the Pavillion</p> <p>6:00 PM</p> <p>Activities</p> <p>Bubble Bus</p> <p>Legacy Park</p> <p>Cottleville</p>	<p>Start off the new school year by "popping" over to the PALS Picnic @ the Park in Legacy Park to meet other families accompanying your child on their early childhood paths! Enjoy some pizza, as well as entertainment from the Bubble Bus, while connecting with children of all ages.</p> <p>If your child attends a Francis Howell Preschool, this is an opportunity to meet up with other children in the program. If you are not yet in preschool, you can meet friends involved in Parents as Teachers. Bring your picnic blankets and join us for some fun in the park! Registration is appreciated to estimate number attending. Please see the PALS website fhpalsorg.weebly.com for registration link.</p> <p>What is PALS? Parents Actively Lending Support (PALS) is a parent led volunteer group focused on providing social opportunities for families with young children (birth to k-entry) and supporting Francis Howell Parents as Teachers (PAT) and preschool programs. Mingle with some of the 2019-2020 PALS officers and PAT Parent Educators and learn more about our organization and exciting events we have planned for the school year.</p> <p>New and renewing members who sign up at the event will be entered into a raffle to win a FREE 1yr Membership (valued at \$12)! Visit the PALS' website for complete membership details at fhpalsorg.weebly.com or email fhpalspresident@gmail.com</p> <p>Hosted by: PALS</p>
<p>Thursday, September 12, 2019 Hot Topics</p> <p>18-36 months age group Topical Discussion</p>	<p>6:15-7:45pm (Two-45 minute discussion periods)</p> <p>Meadows Parkway</p>	<p>Join us for the opportunity to participate in an informal discussion lead by a Parent Educator. Families will have the opportunity to participate in one or both discussions as they are repeated at 6:15 and 7:00 PM</p> <p>Topic 1 -Temperament:“Why are my children’s personalities so different? Why is one child so easy-going and the other so spirited? Why does one child respond well to a discipline technique and the other not at all? Learn about temperament traits and parenting styles.</p> <p>Topic 2-Early Literacy: Raising a reader is easier than you think! What does early literacy look like? How can parents get active toddlers interested in books? Learn the importance of a daily reading routine.</p> <p>Parent Educators: Holly Pruitt and Michelle Dickerson</p>



<p>Saturday, September 14, 2019 Dickherber Farms Outing with PALS</p> <p>Parent Child Activity</p>	<p>10:00 AM</p> <p>Dickherber Farms Dardenne Prairie</p>	<p>Join PALS for a morning of memories at a laid back family farm! Meet us at Dickherber Farms in Dardenne Prairie to explore one amazing corn maze, romp in the playground area, and get up close and personal with over a dozen animals including goats, donkeys, turkeys, cattle, and guinea hen. Attending families can enjoy donuts and warm beverages in the barn from 10-10:45am while exploring the farm.</p> <p>Pricing: \$8 per person ages 4+ (children/adults), children 3 and under are free. Pay day of the event. Registration is appreciated to estimate number attending. Please see the PALS website fhpalsorg.weebly.com for registration link.</p> <p>Hosted by: PALS</p>
<p>Wednesday, September 18, 2019</p> <p>Grow Your Reader</p> <p>Birth-Kindergarten Entry Topical Discussion</p>	<p>6:30-7:30 PM</p> <p>Central School Road</p>	<p>Prepare your child to become a successful reader and learner through incorporating the early literacy skills of reading, writing, talking, singing, and playing with simple strategies from the St. Charles City-County Library. Attendees will receive two free books at the end of the presentation!</p> <p>Presented by: Ashley Runyon, St. Charles City County Library</p>
<p>Tuesday, October 8, 2019 PALS @ the Patch</p> <p>Birth-Kindergarten Entry Older siblings welcome</p> <p>Parent Child Activity</p> 	<p>10:00 AM</p> <p>Daniel's Farm 352 Jungermann Road 63376</p>	<p>Join us for a morning of farm fun at Daniel's Farm & Greenhouse! Activities include both indoor and outdoor adventures for all ages: petting zoo, corn kernel play area, hay maze, antique tractors, tire swings, slides and more. Each paying child can pick out their own small pumpkin to take home.</p> <p>Pricing: \$8/Child PALS Members, \$10/Child Non-Members, Children under 3 and adults are free. \$2 train rides can be added to your visit the day of the event.</p> <p>Please visit PALS website fhpalsorg.weebly.com for registration forms and complete details. Pre-registration and payment is required.</p> <p>Hosted by: PALS</p>
<p>Wednesday, October 9, 2019</p> <p>Hot Topics</p> <p>Birth-18 months age group Topical Discussion</p>	<p>6:15-7:45 PM (Two-45 minute discussion periods)</p> <p>Hackmann Road</p>	<p>Join us for the opportunity to participate in an informal discussion lead by a Parent Educator. Families will have the opportunity to participate in one or both discussions as they are repeated.</p> <p>Topic 1-Brain Development: Your baby's brain is amazing! How much do you know about how rapid the brain grows in the first three years of life? Learn the importance of the role you play during these crucial years.</p> <p>Topic 2-Attachment/Post-Partum: Do you have a new baby at home? Are you wondering how you can play with your new addition at such a young age? Find out ways to build attachment with your baby. We will also talk about the physical and emotional changes to expect after having a new baby and discuss ways you can take care of yourself as you adjust to life with an infant.</p> <p>Parent Educators: Margie Kold and Jo Ellen Zack</p>

<p>Wednesday, October 23, 2019</p> <p>Hot Topics: FAQs and Facts-Everything You Want to Know about Eating and Talking</p> <p>3-5 years age group Topical Discussion</p>	<p>6:15-7:45 PM (Two-45 minute discussion periods)</p> <p>Central School Road</p>	<p>Join us for the opportunity to participate in an informal discussion lead by a Parent Educator. Families will have the opportunity to participate in one or both discussions as they are repeated.</p> <p>Topic 1-Everything you want to know about your 3-5 year old and Eating: Good enough to eat! Do you have a picky eater? Do you have questions about nutrition? Would you like to learn new methods to get your child to try new foods? Learn about your child's nutritional needs, strategies for introducing new foods, and creative ways to involve your child in the process of preparing and enjoying healthy foods.</p> <p>Topic 2-Everything you want to know about your 3-5 year old and Talking: Do you have questions and concerns about language development? During this discussion, we will share ideas such as games, books and activities that support vocabulary and encourage language development.</p> <p>Parent Educators: Maci Lindsey and Laura Russell</p>
<p>Friday, October 25, 2019</p> <p>Spooktacular</p> <p>Birth-Kindergarten Entry Parent-Child Activity</p> 	<p>6:15-7:30 PM</p> <p>Becky-David Elementary</p>	<p>Witches, superheroes, and more, oh my! Join us for an evening of Halloween & Fall-inspired games and activities, sensory play, and light refreshments. Costumes are encouraged! This event is open to all Early Childhood families in the Francis Howell School District.</p> <p>An ambulance will be there for children to explore (if not on call) and safety arm-bands and trick-or-treating safety guides will be distributed to parents.</p> <p>Hosted by: PALS</p>
<p>Monday, November 4, 2019</p> <p>Developmental Play Hour HAPPY HARVEST!</p> <p>18-36 months Parent Child Activity</p>	<p>6:15-7:15 PM</p> <p>Hackmann Road</p>	<p>Come and check out these fun and engaging learning activities based on a Happy Harvest theme. This developmental play hour provides the opportunity to interact with families and children in a similar age group while participating in activities designed to encourage your child's growth and development.</p> <p>Parent Educators: Kathy Ransom and Janelle Stepetin</p>
<p>Monday, November 11, 2019</p> <p>Sleep Issues in the Young Child</p> <p>Birth-5 years Topical Discussion</p>	<p>6:30-7:30 PM</p> <p>Meadows Parkway</p>	<p>When will my child start sleeping through the night? Is it wrong to sleep with a child? My 2 year old will not stay in bed! What can I do? If you find that your child's sleep habits are a nightmare, you are not alone. Being a parent is not easy, but parenting is even more difficult when you or your child have not had a decent night of sleep for months. Come learn about the basics of sleep in children including schedules, nap timing, and the importance of sleep to a child's overall health and well-being.</p> <p>Presenter: Karen Lemmon, RN St. Luke's Hospital</p>

<p>Tuesday, November 19, 2019 Developmental Play Hour FALL-ING INTO FUN 3-5 years Parent Child Activity</p>	<p>9:30-10:30 AM Meadows Parkway</p>	<p>It's not just the leaves that are falling! Fall into play with us by exploring developmental activities based on this beautiful season. This event provides the opportunity to interact with families and children in a similar age group while participating in activities designed to encourage your child's growth and development.</p> <p>Parent Educators: Megan Feil and Deanna Robbins</p>
<p>Thursday, December 12, 2019 Developmental Play Hour SNOW BABIES Birth - 18 months Parent Child Activity</p>	<p>6:15-7:15 PM Hackmann Road</p>	<p>Baby, its cold outside! The winter season brings us a whole new way to play with our babies! Join us for an hour of winter-themed activities designed to encourage your baby's growth and development. This event provides the opportunity to interact with families and children in a similar age group while participating in activities designed to encourage your child's growth and development.</p> <p>Parent Educators: Jamie Holiman and Ashlee Peck</p>
<p>Thursday, January 9, 2020 Ready, Set, Go! It's Potty Time</p> <p>15 mos. and up Topical Discussion</p> 	<p>6:30-7:30 PM Hackmann Road</p>	<p>What is the right time to start the toilet learning process? The reality is that the right time is different for every child. Join us for a presentation discussing readiness skills for toileting. We will also discuss some common problems associated with the toilet learning process.</p> <p>Presented by: Susan Lane</p>
<p>Tuesday, January 14, 2020 Hot Topics: Taming the Temper Tantrum and Power of Play</p> <p>18-36 months age group Topical Discussion</p>	<p>6:15-7:45 PM (Two-45 minute discussion periods) Central School Road</p>	<p>Join us for the opportunity to participate in an informal discussion lead by Parent Educators. Families will have the opportunity to participate in one or both discussions as they are repeated.</p> <p>Topic 1-Taming the Tantrum: Do you find yourself asking "why does my child behave that way?" or "Why do my child's tantrums seem to last longer than other children's? Learn how self-regulation, self-control and behavior are related. Calming strategies that you can use to help your child will be discussed.</p> <p>Topic 2-Power of Play: Play is an important part of a child's early development. Your toddler is becoming more independent and developing his own sense of self. This informative evening will focus on ways to help your toddler "learn through play".</p> <p>Parent Educators: Kim Forney and Susan Zimmerling</p>
<p>Wednesday, January 22, 2020 Family Reading Night</p> <p>Birth-Kindergarten Entry Parent-Child Activity</p>	<p>6:15-7:30 PM Hackmann Road</p> 	<p>Dress in your favorite PJs (optional) and join PAT and PALS for an evening of reading for the family to enjoy! All Early Childhood families are welcome to attend, please invite your neighbors to this fun event!</p> <p>We will have an interactive skit, the Musical Story of the 3 Little Pigs, and multiple reading and themed activity stations led by community members.</p> <p>Hosted by: Parents as Teachers staff and PALS</p>

<p>Tuesday, February 4, 2020</p> <p>Hot Topics: A Whole New World of Adventures! New People, New Foods and (brushing those) New Teeth</p> <p>Birth-18 months Topical Discussion</p>	<p>6:15-7:45 PM (Two-45 minute discussion periods)</p> <p>Meadows Parkway</p>	<p>Join us for the opportunity to participate in an informal discussion lead by Parent Educators. Families will have the opportunity to participate in one or both discussions as they are repeated at 6:15 and 7:00 PM.</p> <p>Topic 1 -New Foods and New Teeth: Food, feeding and fun! The early years of a child's life are important to life-long health. What they eat and the habits they development around food when they are young, set the pattern for the rest of their lives. We will discuss nutrition challenges, practical ways to help, and what to expect as your child gets older.</p> <p>Topic 2- New People: Babies start to become aware of their surroundings and people at a very early age. Their development plays a role in how they perceive unfamiliar people or places. Come chat with a Parent Educator and other parents regarding how to support your child with stranger and separation anxiety.</p> <p>Parent Educators: Melissa McCord and Kelly Silvey</p>
<p>Wednesday, February 12, 2020</p> <p>Polar Party Birth-Kindergarten Entry Parent-Child Activity</p> 	<p>9:30-10:30 AM 10:45-11:45 AM 5:30-6:30 PM</p> <p>Spencer Road Library (in the Community Commons)</p>	<p>Francis Howell and Fort Zumwalt Parents as Teachers along with the St. Charles City-County Library invite you to a Polar Party! Drop in to play winter-themed activities at one of the listed sessions. Play stations will be set up with snowmen, sleds, blocks for snow forts, snow shoveling, winter reading and other fun activities that encourage language, problem solving and fine and gross motor skills. There will be a separate area for babies. Each family will take home a packet with more ideas for winter play. You do not have to be a resident of these school districts to attend.</p> <p>Registration will be found on the Library's website closer to the date. Please watch for updated information.</p> 
<p>Tuesday, February 18, 2020</p> <p>Raising a Responsible Child</p> <p>Birth-Kindergarten Entry Topical Discussion</p>	<p>6:30-7:30 PM</p> <p>Meadows Parkway</p>	<p>Raising a responsible child is every parent's desire. Did you know that you can start instilling a sense of responsibility with your toddler and throughout their preschool years? This session will discuss the development of skills towards responsibility as well as strategies as you help your child along this journey. Beginning this process in these young years will lay a foundation for learning responsibility throughout your children's formative years.</p> <p>Parent Educator: Megan Feil</p>

<p>Thursday, February 27, 2019 Hot Topics: Play Your Way to Kindergarten! Getting Ready For The Big K! and Play That Gets Us Ready For School!</p> <p>3-5 years age group Topical Discussion</p>	<p>6:15-7:45 PM (Two-45 minute discussion periods)</p> <p>Meadows Parkway</p>	<p>Join us for the opportunity to participate in an informal discussion lead by Parent Educators. Families will have the opportunity to participate in one or both discussions as they are repeated.</p> <p>Topic 1 -Getting Ready For The Big K: It's time to talk Kindergarten! How do I know if my child is ready for Kindergarten? Skills will be discussed that will promote Kindergarten success. We will also share practical tips and activity ideas to engage your child and make learning fun as you prepare for school!</p> <p>Topic 2-Play That Gets Us Ready For School: All kids know how to play, but playing with a purpose takes on a whole new meaning when we make it fun! Learn how play can teach a variety of social skills and how different types of play impact a child's learning.</p> <p>Parent Educators: Stacey Peters and Kim Grzeskowiak</p>
<p>Monday, March 23, 2020 Developmental Play Hour: Magic of Music 18-36 months Parent Child Activity</p>	<p>9:30-10:30 AM</p> <p>Hackmann Road</p>	<p>The use of music is one of the best ways to teach your child new skills. Join us for an hour of musical play that encourages your child's growth and development. This event provides the opportunity to interact with families and children in a similar age group while participating in activities designed to encourage your child's growth and development.</p> <p>Parent Educators: Susan Zimmerling and Courtney DeSirey</p>
<p>Saturday, April 4, 2020 Bunny Brunch Birth-Kindergarten Entry (Siblings through 8 years welcome) Parent-Child Activity</p>	<p>9:00 AM-1:00 PM Assigned seating times at registration</p> <p>Fairmount Elementary</p>	<p>Here comes Peter Cottontail! Join us for a morning filled with a 'fun flipping' All-You-Can-Eat Pancake & Sausage Brunch catered by Chris Cakes! Families will have an opportunity to enjoy spring-themed activities and crafts, enjoy a festive photo opportunity, and hunt for Eggs (ages 0-8)! Older siblings welcome. There is a fee for this event's All-You-Can-Eat Pancake & Sausage Brunch. Please visit PALS website www.fhpals.weebly.com for pricing, registration forms, and complete details closer to the event. Pre- registration and payment required.</p> <p>Hosted by: PALS</p>
<p>Monday, April 13, 2020 Developmental Play Hour: It's Party Time! 3-5 years Parent Child Activity</p>	<p>6:15-7:15 PM</p> <p>Central School Road</p>	<p>Who doesn't love a good party? Join us for a birthday themed play hour with activities designed to support your child's development. We will play games, sing songs and make crafts centered on a birthday party theme. What could be more fun? This event provides the opportunity to interact with families and children in a similar age group while participating in activities designed to encourage your child's growth and development.</p> <p>Parent Educators: Karen Schene and Kelly Good</p>

<p>Thursday, April 23, 2020</p> <p>The People in Our Neighborhood</p> <p>Birth-Kindergarten Entry Parent-Child Activity</p> 	<p>6:15-7:30 PM</p> <p>Central School Road</p>	<p>What does your child want to be when he/she grows up... a veterinarian, baker, teacher, mail carrier, carpenter, firefighter, or artist? Dress up in career costume (optional) and join us to meet a variety of community helpers and learn about their roles through interactive play.</p> <p>Hosted by: Parents as Teachers staff and PALS</p> 
<p>Friday, May 15, 2020</p> <p>Sizzlin' Summer Pee Wee Bop</p> <p>2 years-Kindergarten Entry Parent-Child Activity</p>	<p>6:15-7:30 PM</p> <p>Becky-David Elementary</p>	<p>Come dance with us as we scoot, skip, and spin at PALS annual Sizzlin' Summer Pee Wee Bop! Enjoy music, activities, and fun with friends as we twirl and play the night away. We will have light refreshments and snacks. Don't miss this celebration and our kick off to summer.</p> <p>Hosted by: PALS</p>

MO Health Net for Kids Healthy Children and Youth Program

Infants, children and youth can get check-ups and health care that helps them to stay well. The Healthy Children and Youth (HCY) program covers the health care needed to treat medical and behavioral problems. MO Health Net is a health insurance program for families who do not have access to affordable health insurance.

Who is eligible?

A child:

- Who is under 19 years of age;
- Who applies for a social security number;
- Who lives in Missouri and intends to remain;
- Who is a United States citizen or an eligible qualified non-citizen;
- The parent must cooperate with Child Support Enforcement (CSE) in the pursuit of medical support; and
- Whose countable family income meets the income guidelines

Where do I Go to Get Health Care?

Children in some parts of Missouri get care from a MO Health Net Managed Care Health Plan. The health plan takes care of the child's health care needs. The parent must pick a Primary Care Provider (PCP). The health plan's Member handbook tells what care they cover and how to get the care. If you are not in a health plan you can make an appointment with any doctor, clinic, nurse practitioner, dentist or other health care provider who is an approved MO Health Net provider.

Can My Child Get a Ride to Health Care Appointments?

Most children can get a ride to health care appointments. If you are in a health plan call the health plan for a ride. Other children may get a ride through the state's non-emergency medical transportation program. Call 1-888-269-5927 to find out more, or to get a ride.

Can I Get Help to Pay for Other Health Insurance?

MO Health Net for Kids has a program that pays the cost of health insurance. It also pays the amounts the insurance says you should pay for the service. You may contact the HIPP Section by calling (573) 751-2005, or by writing to P.O. Box 6500, Jefferson City, MO 65102-6500.

What Medical Care Can My Child Get?

Infants, children and youth should get regular health checks (screens) to make sure they are healthy. HCY pays for these screens. The HCY program covers medically necessary care if the doctor finds a problem during the health screen. Dental check-ups and care can begin at age 6-12 months. Children between 6 and 72 months should get a check-up for lead poisoning. Get your child a health check-up at these ages:

Newborn (2-3 days)	6-8 months	18-23 months	5 years	12-13 years
By one month	9-11 months	24 months	6-7 years	14-15 years
2-3 months	12-14 months	3 years	8-9 years	16-17 years
4-5 months	15-17 months	4 years	10-11 years	18-19 years

How to apply for MO Health Net for Kids

The MO Health Net for Kids application is not complicated. Everything can be handled through the mail or by phone.

Here's how you can get an application:

- Apply online: <https://mydss.mo.gov/>
- Download and print an application to fill in and mail
- Call toll free at 1-855-373-4636 to request an application
- Visit your local Family Support Division office to apply.

Who Can I Call if I Have Questions?

Call the state's Participant Services Agent at: 1-800-392-2161.

PUBLIC NOTICE

All responsible public agencies are required to locate, evaluate, and identify children with disabilities who are under the jurisdiction of the agency, regardless of the severity of the disability, including children attending private schools, children who live outside the district but are attending a private school within the district, highly mobile children, such as migrant and homeless children, children who are wards of the state, and children who are suspected of having a disability and in need of special education even though they are advancing from grade to grade. The Francis Howell School District assures that it will provide a free, appropriate public education (FAPE) to all eligible children with disabilities between the ages of 3 and 21 under its jurisdiction. Disabilities include autism, deaf/blindness, emotional disorders, hearing impairment and deafness, intellectual disability, multiple disabilities, orthopedic impairment, other health impairments, specific learning disabilities, speech or language impairment, traumatic brain injury, visual impairment/blindness and young child with a developmental delay.

The District assures that it will provide information and referral services necessary to assist the State in the implementation of early intervention services for infants and toddlers eligible for the Missouri First Steps program.

The Francis Howell School District assures that personally identifiable information collected, used, or maintained by the agency for the purposes of identification, evaluation, placement or provision of FAPE of children with disabilities may be inspected and/or reviewed by their parents/guardians. Parents/guardians may request amendment to the educational record if the parent/guardian believes the record is inaccurate, misleading, or violates the privacy or other rights of their child. Parents have the right to file complaints with the U.S. Department of Education or the Missouri Department of Elementary and Secondary Education concerning alleged failures by the district to meet the requirements of the Family Educational Rights and Privacy Act (FERPA).

The Francis Howell School District has developed a Local Compliance Plan for the implementation of State Regulations for the Individuals with Disabilities Education Act (IDEA). This plan contains the agency's policies and procedures regarding storage, disclosure to third parties, retention and destruction of personally identifiable information and the agency's assurances that services are provided in compliance with the General Education Provision Act (GEPA). This plan may be reviewed at the Francis Howell School District Alternative Education Department from 8:00 – 4:30 p.m. each school day.

This notice will be provided in native languages as appropriate.

Director of Alternative Learning
Francis Howell School District
4545 Central School Road
Saint Charles, MO 63304
Phone: 636-851-4060 Fax: 636-851-4094

DISTRICT PROCEDURES FOR ADDRESSING DISCRIMINATION / HARASSMENT
TITLE IX OF THE EDUCATIONAL AMENDMENTS OF 1972

The statute states "No person in the United States shall, on the basis of sex, be excluded from participation in, be denied benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance."

It is the policy of the Francis Howell School District to maintain a learning and working environment that is free from discrimination on the basis of sex in the educational programs, activities, and vocational opportunities offered by the District. The provisions of Title IX extend not only to students with regard to educational opportunities and freedom from harassment, but also to employees with regard to employment opportunities and freedom from harassment, and to individuals with whom the District does business.

It is a violation for any employee of the Francis Howell School District to harass another staff member or student through conduct or communication of a sexual nature. It is also a violation of this policy for students to harass other students through conduct or communication of a sexual nature. It is a violation of this policy for any person who is not an employee or student of the District to harass a staff member or student of the District through conduct or comments of a sexual nature while such employee is engaged in the performance of duties for the District or while such student is under District supervision.

TITLE VI OF THE CIVIL RIGHTS ACT OF 1964

No person in the United States shall, on the grounds of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance.

Actionable behaviors include, but are not limited to, language, jokes, threats, actual physical aggression, or the failure to effectively address such behaviors on the part of a teacher or administrator. Educators have an obligation to actively encourage the maintenance of an environment free from racial and/or national origin discrimination/ harassment and to effectively respond to instances of such behavior.

FRANCIS HOWELL CODE OF STUDENT CONDUCT

Any person who alleges discrimination and/or harassment by a district employee, student or volunteer may complain directly to a principal/designee or the District Title Coordinator. If an investigation substantiates the allegation of sexual harassment and/or harassment or discrimination, disciplinary action commensurate with the severity of the violation will be taken.

District Title IX Coordinator:
Director, Human Resources
Francis Howell School District
4545 Central School Road
St. Charles, MO 63304-7113
636-851-4000 Fax 636-851-4093

District Section 504 Coordinator:
Director, Student Services and Operations
Francis Howell School District
4545 Central School Road
St. Charles, MO 63304-7113
636-851-4000 Fax 636-851-4093

District Title VI Coordinator:
Director, Alternative Learning
Francis Howell School District
4545 Central School Road
St. Charles, MO 63304-7113
636-851-4000 Fax 636-851-4093

NOTIFICATION OF RIGHTS UNDER FERPA FOR ELEMENTARY AND SECONDARY SCHOOLS

The Family Educational Rights and Privacy Act (FERPA) affords parents and students who are 18 years of age or older ("eligible students") certain rights with respect to the student's education records. These rights are:

1. The right to inspect and review the student's education records within 45 days after the day the school receives a request for access. Parents or eligible students should submit to the school principal (or appropriate school official) a written request that identifies the records they wish to inspect. The school official will make arrangements for access and notify the parent or eligible student of the time and place where the records may be inspected.
2. The right to request the amendment of the student's education records that the parent or eligible student believes are inaccurate, misleading, or otherwise in violation of the student's privacy rights under FERPA. Parents or eligible students who wish to ask the school to amend a record should write the school principal (or appropriate school official), clearly identify the part of the record they want changed, and specify why it should be changed. If the school decides not to amend the record as requested by the parent or eligible student, the school will notify the parent or eligible student of the decision and of their right to a hearing regarding the request for amendment. Additional information regarding the hearing process will be provided to the parent or eligible student when notified of the right to a hearing.
3. The right to provide written consent before the school discloses personally identifiable information (PII) from the student's education records, except to the extent that FERPA authorizes disclosure without consent.

One exception which permits disclosure without consent is disclosure to school officials with legitimate educational interests. A school official is a person employed by the school as an administrator, supervisor, instructor, or support staff member (including health or medical staff and law enforcement personnel) or a person serving on the school board. A school official also may include a volunteer or contractor outside of the school who performs an institutional service or function for which the school would otherwise use its own employees and who is under the direct control of the school with respect to the use and maintenance of PII from education records, such as an attorney, auditor, medical consultant, or therapist; a parent or student volunteering to serve on an official committee, such as a disciplinary or grievance committee; or a parent, student, or other volunteer assisting another school official in performing his or her tasks. A school official has a legitimate educational interest if the official needs to review an education record in order to fulfill his or her professional responsibility.

Upon request, the school will disclose education records without consent to officials of another school district in which a student seeks or intends to enroll, or is already enrolled if the disclosure is for purposes of the student's enrollment or transfer.

4. The right to file a complaint with the U.S. Department of Education concerning alleged failures by the school to comply with the requirements of FERPA. The name and address of the Office that administers FERPA are:

Family Policy Compliance Office
U.S. Department of Education
400 Maryland Avenue, SW
Washington, DC 20202

The Francis Howell School District has designated certain information contained in the educational records of its students as directory information for the purposes of FERPA. The following information regarding students is considered directory information: the student's name, student's address, student's phone number, photograph, grade point average, dates of attendance, grade level, participation in officially recognized activities and sports, height and weight of members of athletic teams, diplomas and awards received and the most previous school attended by the student.

See the list below of the disclosures that elementary and secondary schools may make without consent. FERPA permits the disclosure of PII from students' education records without the consent of the parent or eligible student if the disclosure meets certain conditions found in §99.31 of the FERPA regulations. Except for disclosures to school officials, disclosures related to some judicial orders or lawfully issued subpoenas, disclosures of directory information, and disclosures to the parent or eligible student, §99.32 of the FERPA regulations requires the school to record the disclosure. Parents and eligible students have a right to inspect and review the record of disclosures. A school may disclose PII from the education records of a student without obtaining prior written consent of the parents or the eligible student –

- To other school officials, including teachers, within the educational agency or institution whom the school has determined to have legitimate educational interests. This includes contractors, consultants, volunteers, or other parties to whom the school has outsourced institutional services or functions, provided that conditions listed in §99.31 (a)(1)(i)(B)(1) – (a)(1)(i)(B)(2) are met. (§99.31(a)(1))
- To officials of another school, school system, or institution of postsecondary education where the student seeks or intends to enroll, or where the student is already enrolled if the disclosure is for purposes related to the student's enrollment or transfer, subject to the requirements of §99.34. (§99.31(a)(2))
- To authorized representatives of the U.S. Comptroller General, the U.S. Attorney General, the U.S. Secretary of Education, or State and local educational authorities, such as the State educational agency in the parent or eligible student's State (SEA). Disclosures under this provision may be made, subject to the requirements of §99.35, in connection with an audit or evaluation of Federal- or State-supported education programs, or for the enforcement of or compliance with Federal legal requirements that relate to those programs. These entities may make further disclosures of PII to outside entities that are designated by them as their authorized representatives to conduct any audit, evaluation, or enforcement or compliance activity on their behalf. (§§99.31(a)(3) and 99.35)
- In connection with financial aid for which the student has applied or which the student has received, if the information is necessary to determine eligibility for the aid, determine the amount of the aid, determine the conditions of the aid, or enforce the terms and conditions of the aid. (§99.31(a)(4))
- To State and local officials or authorities to whom information is specifically allowed to be reported or disclosed by a State statute that concerns the juvenile justice system and the system's ability to effectively serve, prior to adjudication, the student whose records were released, subject to §99.38. (§99.31(a)(5))
- To organizations conducting studies for, or on behalf of, the school in order to: (a) develop, validate, or administer predictive tests; (b) administer student aid programs; or (c) improve instruction. (§99.31(a)(6))
- To accrediting organizations to carry out their accrediting functions. (§99.31(a)(7))
- To parents of an eligible student if the student is a dependent for IRS tax purposes. (§99.31(a)(8))
- To comply with a judicial order or lawfully issued subpoena. (§99.31(a)(9))
- To appropriate officials in connection with a health or safety emergency, subject to §99.36. (§99.31(a)(10))
- Information the school has designated as "directory information" under §99.37. (§99.31(a)(11))